

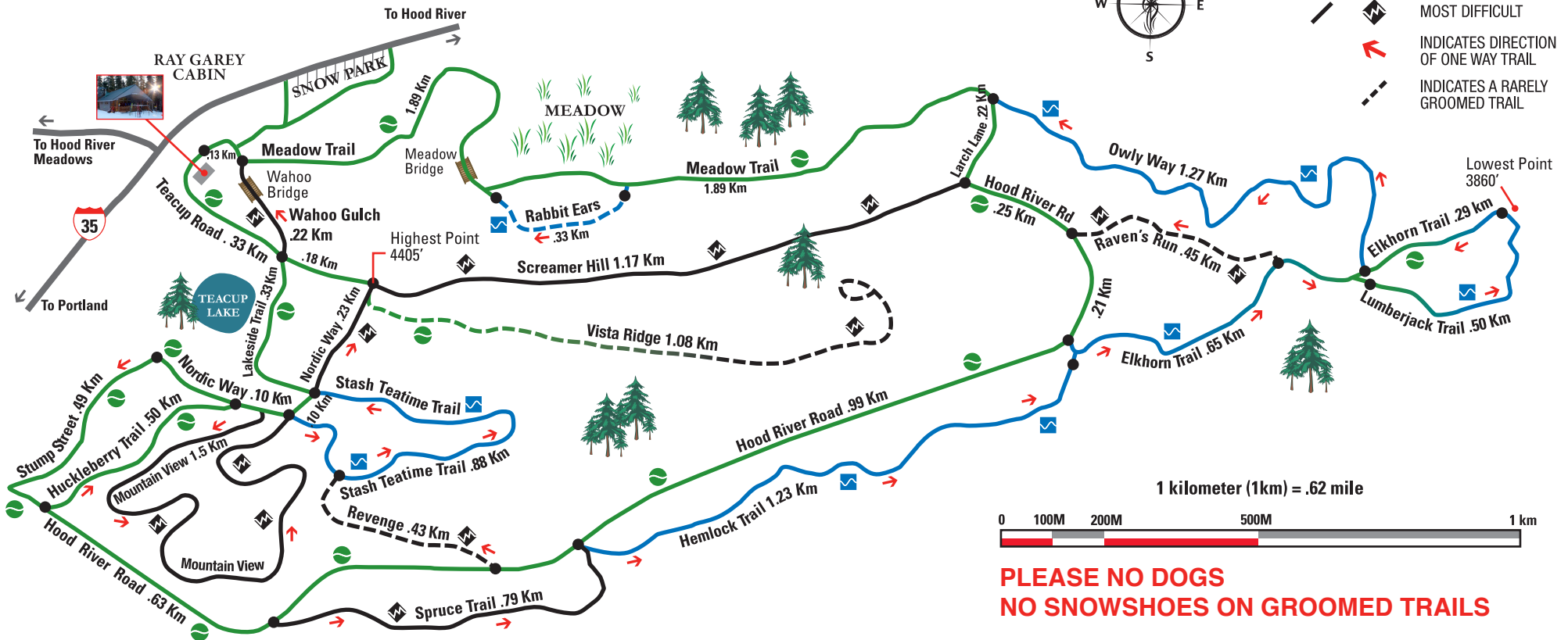


# TEACUP NORDIC TRAIL SYSTEM IN THE MOUNT HOOD NATIONAL FOREST

## LEGEND

COLOR - SYMBOL - MEANING

-  EASY
-  MORE DIFFICULT
-  MOST DIFFICULT
-  INDICATES DIRECTION OF ONE WAY TRAIL
- - -  INDICATES A RARELY GROOMED TRAIL



**PLEASE NO DOGS  
NO SNOWSHOES ON GROOMED TRAILS**

**Your donations and membership fees are the only source of funding!  
Please do your part and donate at least \$7.00 per skier per day!**

Membership in the Teacup Nordic Club is available online at [www.teacupnordic.com](http://www.teacupnordic.com) and costs just \$55 per year for a single annual membership or \$75 for an annual family membership! Donations to Teacup are tax deductible. I.R.S. determination letter of 501c3 status furnished on request.

Teacup Nordic is a chapter (1 of 10) of the Oregon Nordic Clubs Inc. See [www.onc.org](http://www.onc.org) online for more information.